



Southeast Region D

Charlotte-Metrolina Section, D-002

Event Report

Webinar - Take Control of Your Career and Your Life

with Marcus Buckingham

15 January 2010

and

29 January 2010

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1. Event Name

Webinar - Take Control of Your Career and Your Life with Marcus Buckingham

2. Event Date & Time

January 15 & 29, 2010; Lunch

3. Event Location

Charlotte-Mecklenburg Government Center (CMGC), Room CH-14, 600 E. Fourth Street, Charlotte

4. Event Coordinators

Chris Cathcart

5. Attendance

Number of Members present: 5
 Number of Non-members present: 5

6. Event Sponsors & Donations

Sponsors of the event are listed with their donations in Table 1 Event Sponsors & Donations:

Table 1 Event Sponsors & Donations

Event Sponsor	Donation

7. Awards/Door Prizes & Recipients

Awards and Door Prizes that were given at the event are listed with their recipients in Table 2 Awards/Door Prizes & Recipients:

Table 2 Awards/Door Prizes & Recipients

Award/Door Prize	Recipient

8. Income & Expenses

Income, other than donations, that was received or collected for or at the event is listed in Table 3 Event Income:

Table 3 Event Income

Item	Amount	Receipt Remitted? (Yes/Pending)
	\$	

	\$	
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Expenses, other than awards or door prizes, that were incurred for or at the event are listed in Table 4 Event Expenses:

Table 4 Event Expenses

Item	Amount	Receipt Remitted? (Yes/Pending)
	\$	
	\$	

9. Event Description

Written in the format of a newsletter article.

The webinar was focused on learning what you could do to take control of your life and career. The group that originally had this seminar did some prework (available for you as well) and came in with some defined areas that were not working for them in their careers and lives. The first part of the webinar got us to look at definitions we use in a different way. Strengths and weaknesses were the first topic covered with new definitions.

First, the concept of asking others about your strengths and weaknesses was overturned with the idea that no one knows you better than yourself. Everyone else has an opinion but you know the truth about you.

Next, the definition of a strength is what energizes you, not just what you are good at. Remember you can be very good at doing something but it may not energize you. A weakness is defined as something that drains you. One person realized that what they had been doing for their entire career drained them! What a revelation and what a new direction she will be taking!

The next concept was new for a lot of the group that attended. Focus on your strengths and find a way to work around your weaknesses. Forget about "fixing" your weaknesses and grow your strengths. This allows you to volunteer for things that energize you, work on things that energize you. All of this instead of focusing on what drains you!

Once these were defined and the group identified their strengths and weaknesses, a plan was put in place on how to incorporate these into the next week. Nothing huge or overwhelming, just one way to use your strengths more and focus on your weaknesses less. This plan was to be reviewed weekly and adjusted to continue to increase the use of your strengths and lessen the weaknesses so that at some point, all you are working on is your strengths and by definition, only working on things that energize you. Reality is we all have to continue to do some things that we don't like or that drain us, but we can all work to increase the time we have using our strengths.

10. Lessons Learned

Things that went well and things that we could do better next time.

Signs are critical when using a new location and for any place that is multilevel or complex!

11. Contact Information

For future planning.

12. Photos

Have the photos taken at event been uploaded to Section's Flickr account?

Yes

Not yet

Photos will be uploaded by date .

None taken